



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881 Fax: 613-836-8806
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Alex Ducharme, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m. & 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Claire Moore, President 613-612-1659

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

TRANSFIGURATION OF THE LORD

Aug 6 – Transfiguration of the Lord Daniel 7.9-10,13-14; 2 Peter 1.16-19; Matthew 17.1-9

Aug 13 – 19th Sunday in Ordinary Time 1 Kings 19.9,11-13; Romans 9.1-5; Matthew 14.22-33

Aug 20 – 20th Sunday in Ordinary Time Isaiah 56.1,6-7; Romans 11.13-15,29-32; Matthew 15.21-28

Aug 27 – 21st Sunday in Ordinary Time Isaiah 22.15,19-23; Romans 11.33-36; Matthew 16.13-20

Sep 3 – 22nd Sunday in Ordinary Time Jeremiah 20.7-9; Romans 12.1-2; Matthew 16.21-27



Parish Calendar Aug 7 – Sep 3

No weekday Masses Aug 21 – 25

Wednesdays	9:00 am	Mass (No Mass Aug 9)
Thursdays	9:00 am	Mass
Fridays	9:00 am	Mass
Saturdays	5:00 pm	Mass
Sundays	9:00 am	Mass
	10:30 am	Mass

Any changes to weekday Masses will be announced at the weekend Masses and posted on the church front doors.

Parish Office Hours – Closed on Fridays

Week of Aug 7: Tue, Wed, Thu 9-12 & 12:30-3:30

Week of Aug 14: Mon, Tue, Wed, Thu 9-12 & 12:30-3:30

Week of Aug 21: Mon, Tue, Wed, Thu 9-12 & 12:30-3:30

Week of Aug 28: Mon, Tue, Wed, Thu 9-12 & 12:30-3:30

Emails and phone messages will be monitored.

Mass Intentions

Sat, Aug 5 – 5:00 pm

Living & deceased members of Catholic Women's League

Deceased members of Nevins & Pilley Families

†Raymond Clermont by Lois & Family

Sun, Aug 6 – 9:00 am

For the intentions of all parishioners

Sun, Aug 6 – 10:30 am

†Anne McGinn-Cillis by Jacinta Cillis-Asquith & Family

†Zora Radotic by Nancy & Family

†Roland Fairfield by Shirley Fairfield

Thu, Aug 10 – 9:00 am

†Auxilda & †Reg Marsolais by Jacques & Jeannie Marcil

†Deacon Marcel Aubé by Monique Kinnear

Intentions of Aaron Gifford by Dolores & Warren Bahen

Fri, Aug 11 – 9:00 am

†Mary Kilfoil by Francesco

†Ann Kilfoil by Francesco

Thanksgiving for favor received

Sat, Aug 12 – 5:00 pm

†Pasquale Pomponio by Florence & Family

Sun, Aug 13 – 9:00 am

For the intentions of all parishioners

Sun, Aug 13 – 10:30 am

†Gerald A. Kealey by Elaine Kealey

†Joyce Fowler by Joanne & Family

Wed, Aug 16 – 9:00 am

†Alfred & †Mary Ashfield by Family

Thu, Aug 17 – 9:00 am

Intentions of Colin Bahen by Dolores & Warren Bahen

Intentions of Derek by Joan & Wally

Fri, Aug 18 – 9:00 am

†Dorcas Plante by Family

Sat, Aug 19 – 5:00 pm

†Phil & †Josh by Joan & Family

†John Myslicki by Christine & Family

†Marion Charbonneau by Dan & Deborah Poitras

Sun, Aug 20 – 9:00 am

For the intentions of all parishioners

Sun, Aug 20 – 10:30 am

Living & deceased members of Dalrymple Family

Sat, Aug 26 – 5:00 pm

†Sean Troy by Mary & Jim Ringland

†Austin Matte by Theresa Anderson

Intentions of Robert Bahen by Dolores & Warren Bahen

Sun, Aug 27 – 9:00 am

†Maria Girardi by Donella & Joe Gabriele

†George Jacobson by Pauline

†Tom Banyard by Elaine McBane

Sun, Aug 27 – 10:30 am

For the intentions of all parishioners

Wed, Aug 30 – 9:00 am

†Matt Marcil by Jacques & Jeannie Marcil

†Bernard Chan by Maria

Thu, Aug 31 – 9:00 am

†Sheena Mackfall by Family

Fri, Sep 1 – 9:00 am

†Germain Gosselin by Family

Sat, Sep 2 – 5:00 pm

†Laurie Eno by Lorie & Mark Hoare & Family

Sun, Sep 3 – 9:00 am

For the intentions of all parishioners

Sun, Sep 3 – 10:30 am

†Nelson Cybulski by Sandra

We keep those who are ill and those who have died in our prayers.

†Indicates Deceased

Adoration of the Blessed Sacrament will be held on Friday, September 1st after the 9AM Eucharist. The Monstrance with the consecrated host (the Body of Christ) will be placed on the altar for Benediction till 10:30am. We are invited to pray for the Synod as called by Pope Francis and for vocations to the Priesthood.

To all parishes' generous faithful Thank you to all who donate to the ongoing operation of the parish. For e-Transfer please send it to admin@holyspiritparish.ca and use the password: Holyspirit (*all one word with a capital H*). We currently have a significant number of parishioners who contribute via bank auto debit. If you would like more information about the program or wish to participate, please contact the parish office at 613-836-8881 or email admin@holyspiritparish.ca.



Word from the Pastor

Feast of the Transfiguration of the Lord: ...from the cloud came a voice that said, "This is my beloved Son, with whom I am well pleased; Listen to him." We must do our best to listen to Jesus, not only to his words, but his actions as well, for both reveal Jesus' heart. They tell us about God's forgiveness, compassion and unfaltering love for us. As we listen closely we also hear Jesus tell us that what has been done for us, we must do for others. What efforts do I make to listen to Jesus? What am I hearing these days and how do I plan to respond?

Become a blessing to others. A legacy of faith remains for all as you choose to remember Holy Spirit Parish in your will. For more information contact the Parish Office.

Monsignor Joseph Muldoon

Prayers for Vocations:

August 6: That those who desire to be "rich in what matters to God" and are discerning a vocation to the consecrated life will be enriched by the Holy Spirit, we pray to the Lord.

August 13: That those who have been given their vocations as priests, deacons and consecrated men and women will be guided to imitate the Lord's generosity as they live that gift, we pray to the Lord.

August 20: For all those who are troubled in the discernment of their vocation, that they will be blessed by the Holy Spirit with encouragement, insight and the grace of perseverance, we pray to the Lord.

August 27: That trusting in Christ's words to Peter, all those called to follow the Lord as priests, deacons and in the consecrated life will recognize the gift of their call and follow Him faithfully, we pray to the Lord.

The Catholic Women's League of Canada means:

FULFILLMENT If you only knew... joining the Catholic Women's League will help you find fulfillment. This one-stop women's organization focuses on faith, service and social justice. Become active and involved in your area of interest. Your place is among us.

Stittsville Food Bank Thank you to all parishioners who share with those less fortunate in our community. Monetary donations are best right now but cereal, peanut butter, jam, rice, soups, tuna and salmon, and personal care items for men & women are also needed. Please bring your donations during office hours or when you come to Sunday Mass.

The upcoming "Respite & Recovery" retreat will take place at St. Mary's Refuge in Madoc, Aug 18–20, 2023. This retreat is for women who have been trafficked. If you or someone you know would like to hear more about the retreat, please contact Angiza by e-mail at respite@stmarysrefuge.org.

Sacraments of First Communion and Confirmation for 2023-24 If you have a child entering Grade 2 (or older) in September and intend for them to receive First Communion, or a child entering Grade 6 (or older) and intend for them to receive the Sacrament of Confirmation, please email youth@holyspiritparish.ca prior to the beginning of the 2023-24 school year. Preparation for Baptism is also possible at any age. Please send a short note indicating the child's name, upcoming grade, a parent's name, and which Sacraments they hope to receive next year. We will contact all interested families for official registration in September.

Synod FAQ: Does Canon law permit lay people to preach? Is this happening in our diocese?

A: In a Mass, lay persons, women or men, may offer "a form of instruction designed to promote a greater understanding of the liturgy, including personal testimonies...as a means of explicating the regular homily," provided it does not assume a character which could be confused with the homily" (Ecclesiae de mysterio, article 2-3, n.2). As well, parishes can host a special Liturgy of the Word featuring a woman's reflection or offer a prayer service with a woman preaching (see Canon 766). Although this would be new to our parish, a number of other parishes in Ottawa prepared lay people to provide reflections at Mass as part of a 'Lay Reflectors Ministry'. Would our parish like to do this? Join Team Holy Spirit! Louise Beggs at louisebeggs@icloud.com, 613-852-4469

PASTORAL APPOINTMENTS Archbishop Marcel Dampousse announces the following pastoral appointments which become effective on August 1, 2023, unless otherwise indicated. **Fr. Emeka Cyprian Adibe** is appointed Parochial Administrator of Holy Name of Mary Parish in Almonte starting September 17, 2023. **Fr. Matthew Chojna** is reappointed Pastor of St. Michael Parish in Corkery and St. Peter Celestine Parish in Pakenham. **Fr. Nnadoziem Michael Nwadinobi, SMMM**, is appointed Associate Pastor of St. Patrick's Basilica Parish in Ottawa.

There is an old legend about Satan one day having a yard sale. He thought he'd get rid of some of his old tools that were cluttering up the place. So there was gossip, slander, adultery, lying, greed, power-hunger, and more laid out on the tables. Interested buyers were crowding the tables, curious, handling the goods. One customer, however, strolled way back in the garage and found on a shelf a well-oiled and cared-for tool. He brought it out to Satan and inquired if it was for sale. "Oh, no!" Satan answered. "That's my tool. Without it I couldn't wreck the church! It's my secret weapon!" "But what is it?" the customer inquired. "It's the tool of discouragement," the devil said.

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